

Play group *Cost: \$25

- **About the group:** Play group is for children with a desire to explore toys and interact with other children. The group will incorporate different types of play and encourage turn-taking and interactive play.
- **Who can join:** For preschool age children with Down syndrome or other developmental disabilities.
- **When we meet:** 10 a.m.-11 a.m. *Mondays*, June 3, June 10, June 17 and June 24.



Food Fun *Cost: \$25

- **About the group:** The Food Fun group is for children who would benefit from using their senses to explore a variety of foods. This group will help them to interact with foods by looking at, smelling, touching and, eventually, tasting as they feel comfortable in taking those steps. Fun activities are used with lots of positive reinforcement for interaction.
- **Who can join:** For kids ages 6-11 who can follow simple directions and participate with other children.
- **When we meet:** 9 a.m.-10 a.m. *Thursdays*, June 13, June 20, June 27 and July 11.



Summer therapy groups at JDM

The J.D. McCarty Center has some exciting therapy groups available to kids. Read more about them and sign up today!



To register, call Roxy Engel at 405-307-2815.

Registration
deadline
May 29, 2013

Social Language Group *Cost: \$90

- **About the group:** The Social Language group is designed to facilitate appropriate social interactions with peers for children with social language impairments. This group will be offered to two age groups: younger kids, ages 6-11, and older children, ages 12-17. The younger group will work on learning to listen, turn-taking, making friends, following social rules and manners. The older group will work on social independence, positive self-image, elements of conversation and introducing/greeting others appropriately. Group leaders will facilitate appropriate social interactions through direct instruction, visual supports, guided practice/role-play and game play.



Modifications will be made based on individual needs in the group.

- **Who can join:** For kids ages 6-11 and 12-17 with social language impairments who are verbal and can follow simple directions and participate without one-on-one assistance.
- **When we meet:** **Younger group-** 8:30 a.m.-9:30 a.m. *Mondays and Thursdays*, June 3 to June 24. **Older group-** 11 a.m.-12 p.m. *Mondays and Thursdays*, July 8 to July 25.

Yoga *Cost: \$25

- **About the group:** The Yoga group will practice fun basic yoga poses, breathing exercises and relaxation techniques. The group also will use creative expression, games, books, music, positive affirmations and storytelling to promote:
 - Strength, flexibility and balance.
 - Concentration, focus and attention.
 - Inner strength and body awareness.
 - Confidence and self-esteem.
 - Relaxation and self-control.
 - Feeling of well-being and respect for others.All yoga poses and activities will be developmentally appropriate and can be modified to meet individual physical, sensory and special needs. Yoga mats will be provided during the class. Props and visual supports will be used as needed.
- **Who can join:** For kids ages 4-8 who can follow simple directions and participate with other kids without one-on-one assistance.
- **When we meet:** 1:30 p.m.-2:15 p.m. *Tuesdays*, July 9, July 16, July 23 and July 30.

