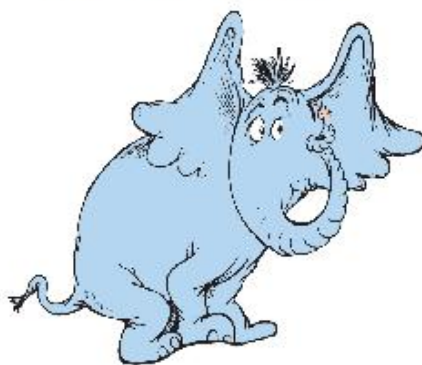


Big Brag Bunny Breath



Horton the Elephant Pose



Off Floating Relaxation



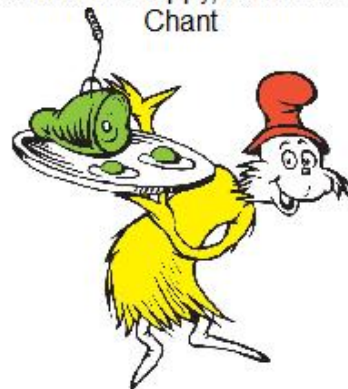
On A Boat Pose



Many-Footed Lion Pose



Sam-I-Am Happy, I Am Good Chant



Fiffer-Feffer-Feff Feather Breathwork



Truffula Tree Pose



Thing 1 & Thing 2 Partner Poses



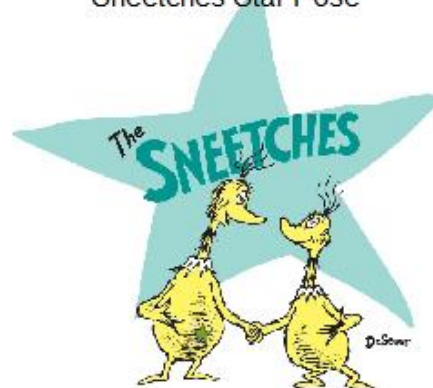
Eyes Around The Seuss Clock



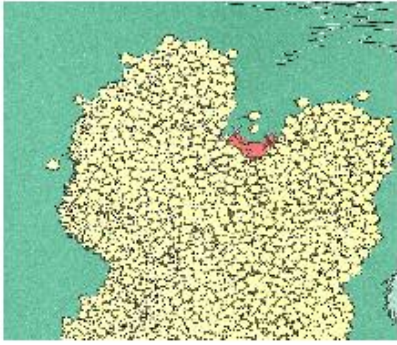
Thidwick the Moose Pose



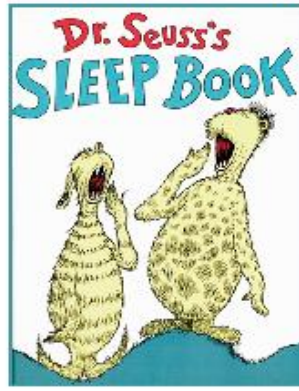
Sneetches Star Pose



Pom Pom Games
(Blowing & Toe-Ga)



Sleep Book Stretch & Yawn



Seussical Flower Pose



Pup in Cup Up Dog Pose



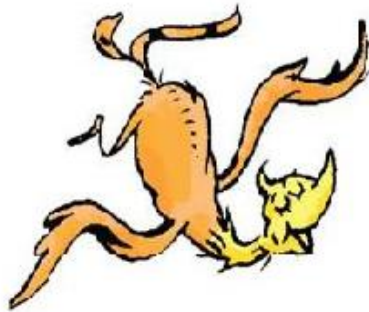
Pat Sat Chair Pose



The Big Brag Mountain Pose



Swomee Swan Pose



Yertle the Turtle Pose



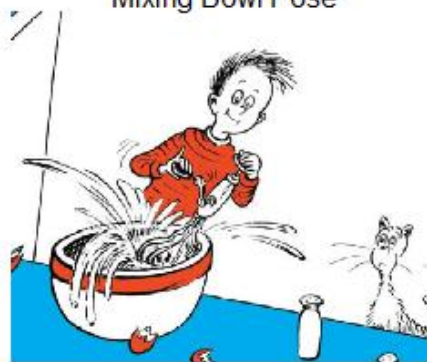
Aunt Annie's Alligator Pose



Sneetches Football Game



Scrambled Eggs Super
Mixing Bowl Pose



Oh The Places You Will Go
Balloon Breath



Mr. Brown Buzzing Breath



Hop on Pop Bear Pose



Fox in Socks Mudra



sign for "fox" - Gyan mudra by nose

How Now Brown Cow Pose



Lorax Yamas & Niyamas



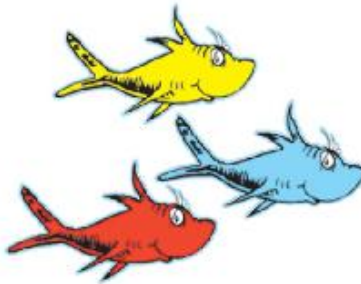
Here or There Seated Twist Pose



Solla Sollew Camel Pose



One Fish Two Fish Pose



Mulberry Street Airplane Pose



Cat in the Hat Pose



In A House with A Mouse Pose



Partner Rooftop + Mouse

My Many Colored Days
Feelings Body Scan

