

Birthstones & Meanings

January Birthstones:

Garnet

(Strength, perseverance, prosperity, health)

Rose Quartz

(Emotional balance, forgiveness)



February Birthstones:

Amethyst

(Wisdom, spirituality, sobriety, security)

Onyx

(Relaxation, comfort)



March Birthstones:

Aquamarine

(Beauty, honesty, loyalty, happiness)

Bloodstone

(Endurance)



April Birthstones:

Diamond

(Invincibility, clarity, purity, eternal love)

Rock Crystal / Quartz

(Balance, clarity, energy)



May Birthstones:

Emerald

(Patience, understanding, foresight)

Chrysoprase

(Fertility, secrecy)



June Birthstones:

Pearl

(Modesty, purity, beauty, happiness)

Alexandrite

(Balance, confidence, joy)

Moonstone

(Balance, good fortune, tender passion)



July Birthstones:

Ruby

(Love, success, integrity, passion & promise)

Carnelian

(Luck, safety)



August Birthstones:

Peridot

(Fame, dignity, protection, success)

Sardonyx

(Relaxation, security)



September Birthstones:

Sapphire

(Truth, sincerity, commitment, loyalty)

Lapis

(Understanding, protection)



October Birthstones:

Opal

(Hope, faith, confidence)

Tourmaline

(Balance, endurance, safety)



November Birthstones:

Topaz

(Strength, wisdom, courage)

Citrine

(Hope, cheerfulness, youth, health, fidelity)



December Birthstones:

Turquoise

(New possibilities, happiness)

Tanzanite

(Contentment, understanding)

Zircon

(Wisdom, honor, wealth)



Source: <http://www.galleries.com/Birthstones> - we chose a word for each child's birthstone and used it as an affirmation – ex: February – Amethyst “I am wise – I use what I know to make good choices”