

**Bixby:**

**Misti Vekas**

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**Edmond:**

**3rd Street Yoga Studio**



(405) 330-2211  
E-mail: [info@3rdstreetyogastudio.com](mailto:info@3rdstreetyogastudio.com)  
Website: [www.3rdstreetyogastudio.com](http://www.3rdstreetyogastudio.com)  
Facebook: <http://www.facebook.com/pages/3rd-Street-Yoga-Studio/143215447588?ref=ts>

**PhyzEdmond**



(405) 831-6621  
E-mail: [brandon@phyzedmond.com](mailto:brandon@phyzedmond.com)  
Website: [www.phyzedmond.com](http://www.phyzedmond.com)  
Facebook: <http://www.facebook.com/pages/Phyz-Edmond/196285923738526>

**Mustang:**

**Katie Windom, RYT 200, Reiki Master, RCYP-2 at Heavenly Hands Day Spa**, also offers private classes and yoga parties



(405) 812-0852  
E-mail: [beauty.love.serenity@gmail.com](mailto:beauty.love.serenity@gmail.com)  
Facebook: <http://www.facebook.com/katie.windom>

**Norman:**

**OMazing Kids Yoga @ the JD McCarty Center – Inclusive yoga for kids and teens of ALL abilities**



Angela Moorad, MS, CCC-SLP, IAYT, RCYP-2  
2002 E. Robinson Street, Norman, OK 73071  
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Blog: <http://omazingkidsyoga.wordpress.com>  
Facebook: <http://www.facebook.com/OMazingKidsYoga>  
YouTube: <http://www.youtube.com/user/amoorad1>

**Ashtanga Yoga Studio**

(405) 503-7779  
E-mail: [okiebabafilter@gmail.com](mailto:okiebabafilter@gmail.com) & [abby.g.lasiter-1@ou.edu](mailto:abby.g.lasiter-1@ou.edu)  
Website: [www.ashtangayogastudio.com](http://www.ashtangayogastudio.com)

**Fusion Fitness and Yoga – offers “Family” yoga**



(405) 650-8023  
Website: [www.fusionoklahoma.com](http://www.fusionoklahoma.com)  
Facebook: <http://www.facebook.com/FusionFitnessAndYoga>

**OKC:**

**Dixie Hendrix – RYT 200 & YogaEd certified – adjunct PE teacher – yoga with 6-12<sup>th</sup> graders at Classen School of Advanced Studies & offers yoga classes for teens & adults 2 x week in her home studio**

(405) 773-1015  
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**Let's Play Yoga**



(405) 474-3302  
E-Mail: [info@letsplayyoga.com](mailto:info@letsplayyoga.com)  
Website: [www.letsplayyoga.com/schedule.htm](http://www.letsplayyoga.com/schedule.htm)

**Namaste Yoga**



(405) 408-4980  
E-mail: [namasteyoga@cox.net](mailto:namasteyoga@cox.net)  
Website: [www.namasteyogaokc.com](http://www.namasteyogaokc.com)  
Facebook: <http://www.facebook.com/pages/Namaste-Yoga/140200216029669>

**Soul Yoga - Lauren Sullivan** (new studio opening December 2011)



(405) 919-8783  
E-mail: [info@soulyogaokc.com](mailto:info@soulyogaokc.com) & [LaurenDSullivan@gmail.com](mailto:LaurenDSullivan@gmail.com)  
Website: [www.soulyogaokc.com](http://www.soulyogaokc.com)  
Facebook: <http://www.facebook.com/pages/Soul-Yoga/273480832684604>

**The Yoga Room OKC**



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Website: [www.yogaroomokc.com](http://www.yogaroomokc.com)  
Facebook: <http://www.facebook.com/pages/The-Yoga-Room/86503878529>

**Ponca City:**

**Om Yoga & Pilates Studio**



(580) 718-9042  
E-mail: [jhealthnuts@yahoo.com](mailto:jhealthnuts@yahoo.com)  
Website: <http://omyogapilates.com/Schedule.html>  
Facebook: <http://www.facebook.com/pages/Om-Yoga-Pilates-Studio/149967018364149>

**Tulsa:**

**Buddhaful Child Yoga - Dana DesJardins, RCYP-3**



E-mail: [buddhafulchild@yahoo.com](mailto:buddhafulchild@yahoo.com)  
Website: <http://buddhafulchild.com/>  
Facebook: <http://www.facebook.com/pages/Buddhaful-Child-Yoga/172943139421392>

**RECESS – Resource Education for Calming, Energizing, Self-Awareness & Self-Regulation (501(c)3 non-profit organization) - All teachers are YogaEd Certified**



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Facebook: <http://www.facebook.com/recessforhealth>

