

Yoga for Kids & Teens in Oklahoma



Edmond:

3rd Street Yoga Studio



(405) 330-2211

E-mail: info@3rdstreetyogastudio.com

Website: www.3rdstreetyogastudio.com

Facebook: <http://www.facebook.com/pages/3rd-Street-Yoga-Studio/143215447588?ref=ts>

Kids Yoga for ages 3–13 years (starting July 11, 2011)

PhyzEdmond



(405) 831-6621

E-mail: brandon@phyzedmond.com

Website: www.phyzedmond.com

Facebook: <http://www.facebook.com/pages/Phyz-Edmond/196285923738526>

Kids Yoga for ages 8-13 years.

OKC:

Let's Play Yoga



(405) 474-3302

E-Mail: info@letsplayyoga.com

Website: www.letsplayyoga.com/schedule.htm

Namaste Yoga



(405) 408-4980

E-mail: namasteyoga@cox.net

Website: www.namasteyogaokc.com

Facebook: <http://www.facebook.com/pages/Namaste-Yoga/140200216029669?sk=info>

Mustang:

Katie Windom, RYT 200, Reiki Master, RCYP-2 at Heavenly Hands Day Spa, also offers private classes and yoga parties



(405) 812-0852

E-mail: beauty.love.serenity@gmail.com

Facebook: <http://www.facebook.com/katie.windom>

Norman:

OMazing Kids Yoga @ the JD McCarty Center – Inclusive yoga for kids and teens of ALL abilities



Angela Moorad, MS, CCC-SLP, IAYT, RCYP-2

2002 E. Robinson Street, Norman, OK 73071

(405) 307-2802 – direct line with voicemail

E-mail: amoorad@jdmc.org

Blog: <http://omazingkidsyoga.wordpress.com>

Facebook: <http://www.facebook.com/OMazingKidsYoga>

Yogafinder.com: <http://www.yogafinder.com/yoga.cfm?yoganumber=36022>

Ashtanga Yoga Studio

(405) 503-7779

E-mail: okiebabafilter@gmail.com & abby.g.lasiter-1@ou.edu

Website: www.ashtangayogastudio.com

Ponca City:

Om Yoga & Pilates Studio



(580) 718-9042

E-mail: jphealthnuts@yahoo.com

Website: <http://omyogapilates.com/Schedule.html>

Facebook: <http://www.facebook.com/pages/Om-Yoga-Pilates-Studio/149967018364149>

Tulsa:

Buddhaful Child Yoga - Dana DesJardins, RCYP-3

No set studio location yet - practicing in parks, homes, community centers, and churches in the Tulsa area

E-mail: buddhafulchild@yahoo.com

Website: <http://buddhafulchild.com/>

Facebook: <http://www.facebook.com/pages/Buddhaful-Child-Yoga/172943139421392>



RECESS – Resource Education for Calming, Energizing, Self-Awareness & Self-Regulation (501(c)3 non-profit organization) - All teachers are Yoga Ed. Certified



(918) 200-YOGA (9642)

E-mail: barlowsnow@sbcglobal.net

Website: www.recessforhealth.org

Facebook: <http://www.facebook.com/recessforhealth>